

Jump into - -SUTTON

This magazine is produced by a group of learners who attend Sutton College.



**Special
feature on
The Endz**

Cooking with Ramsha

Ramsha shows us how she makes Blueberry Jelly with chopped grapes.

Meeting the Police

A few of us dropped into the local police station in Sutton with some questions about the work the police do in the local area.

What's on and where to go

Edward tells us about some great local places to visit during the summertime.

SEND



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aged
19yrs+



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ISSUE 3 JUNE 2025

Welcome to the third issue of

Jump into SUTTON

Welcome to the third issue of Jump Into Sutton. This issue was published by the learners at Sutton college on the SEND Publishing Pathway. We really hope you enjoy this edition of the magazine!

Our first feature explores **cartography** through a map artwork created in our Mixed Media Creative Design class, inspired by a walk around Sutton.

In this issue **Gilbert Okany** interviews Dupri McKoy who starred in The Endz, a fantastic and important musical production.

Dilantha Wijemme drops into Sutton Library to enquire about their archive service and why it is important to the local community. **Ramsha Saleem** shares her favourite healthy dessert in the form a delicious jelly.

Phoebe Ellis explains how to perform a manicure, that will help us relax and relieve stress as we look forward to the summer holidays.

Matthew William Ebbs along with others visited Sutton Police Station to ask about their important work in the area.

Hayley White shares her love for Dirty Dancing, the perfect summer movie you need to watch if you haven't already. Last, but not least, **Edward Adade** has set another word search using vocabulary from the magazine.



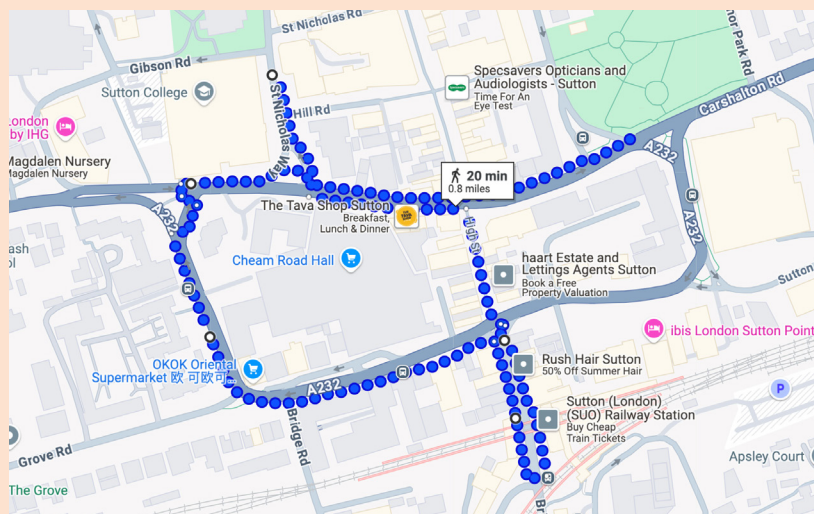
Walking the route



In the Mixed Media Creative Design class, part of Sutton College's Publishing Pathway for SEND learners, we have been exploring **cartography**. Learners are learning how to design and create maps using relevant information to help people navigate the local environment.

Our map design was informed by a walk we took around Sutton from Sutton College on St. Nicholas Way to Sutton Rail Station via nearby Manor Park. Along this route, we collected lots of information without using digital devices like mobile phones or tablets.

By making simple drawings of our route and recording specific points of interest along the way, we were able to recall the route back at college. It was important that we numbered each point as well as making a note of the times of our departure and return to the college.



On the walk we decided that it was better to have too much information than not enough, so that when it comes to the next stage of the design process we would have more options to work from.

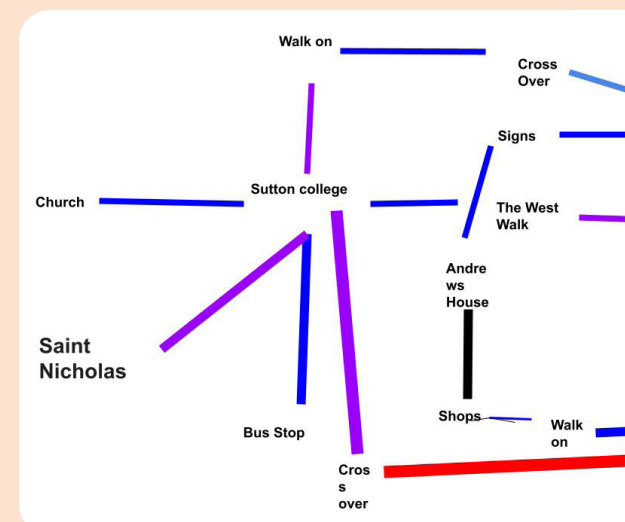
The walk also helped us become more aware of our local environment. As a group, we discussed whether we could help someone who was lost. Would we feel confident enough to guide them using the information we had collected and the knowledge we gained?

We also considered how important this is for our map design.

Back at college, we organised the information we had collected and began developing our research using different media. Initially, we used the computer to experiment with designs inspired by the London Underground map. Here is **Hayley White's version**.

Below is our class display in mixed media which attempted to bring different aspects from all involved. It was funny to see that our route resembled a giant sock with a string on top.

We initially used a grid method to scale up our drawings for the larger display in the classroom but then decided to incorporate the grid form into the artwork as a way to balance different colours.



Mapping the walk

This map was in part inspired by the Mappa Mundi which is a map from medieval ages. The maps from this time were not entirely accurate and incorporated more symbolic elements to express beliefs and imaginary ideas.

Our maps included a few different flavours of ice cream which we all wished we could have enjoyed on the walk, but most of the other information is fairly accurate.

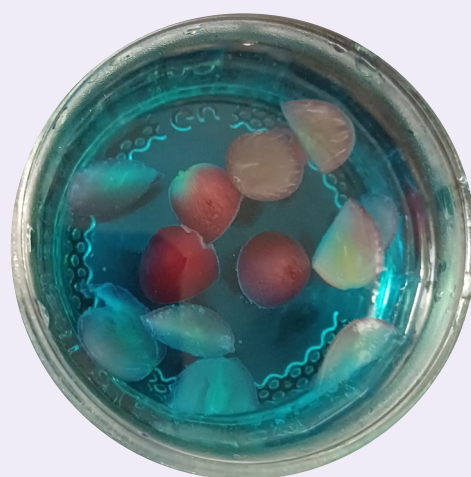
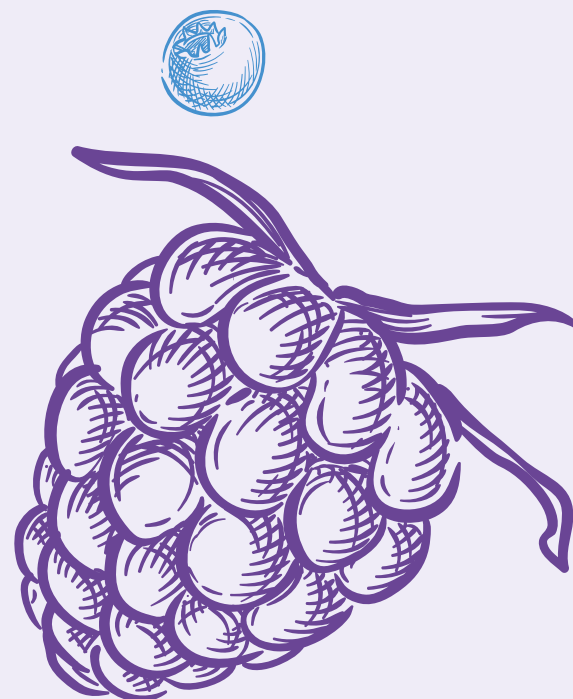


Cooking with Ramsha

Hello my name is Ramsha Saleem and I am making Blueberry jelly with chopped grapes.



I began by carefully chopping up the grapes. Once I had finished, I put them safely to one side. I then boiled some water in a pan. Once boiled, I took the pan off the heat and carefully **stirred the jelly cubes** into the water until they had dissolved.



I then transferred the jelly liquid into a metal bowl and added the chopped grapes. After that, I left the jelly in the refrigerator for four hours until it had set and chilled.

You can make many different flavoured jellies and add all kinds of fruit. **It's a perfect summer dessert and especially great with ice cream!**



Reflexology

Reflexology is a deeply relaxing treatment achieved by applying pressure to specific points of the body. Jennifer said the hands can become a like map of the whole body when this pressure is applied.

Jennifer kindly gave us a manicure demonstration which the whole class really enjoyed and tried doing also.

What oils and creams do you use for massage?

Cranberry cream, Almond oil (but make sure the client doesn't have an allergy) and we use a Hygiene Spray as well.

Can having a manicure help relieve stress and anxiety?

Yes. A manicure can be part of reflexology, where pressure applied to certain points on the head, feet, and in this case, the hands, can have a positive impact on the whole body.



Phoebe Ellis along with others met Jennifer Rennie to ask about her work as a beauty therapist and the course she teaches at Sutton College.

What course do you teach?

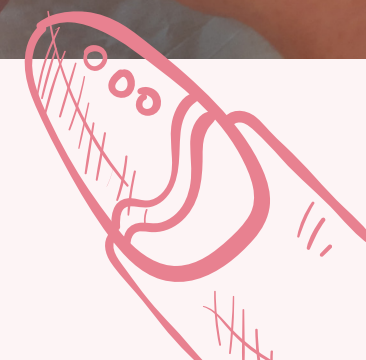
Introduction to the Hair and Beauty Sector Level 1 which runs weekly from September to July.

Why do people do this course?

To build a career in beauty, whether that is working in a high street salon or, like me, setting up in their own backyard.

What can students learn on your course?

How to do makeup and manicures. We also teach different types of massage and reflexology. My students are all artists, bringing their unique sense of creativity but all with the same goal.



Helping out & clearing up

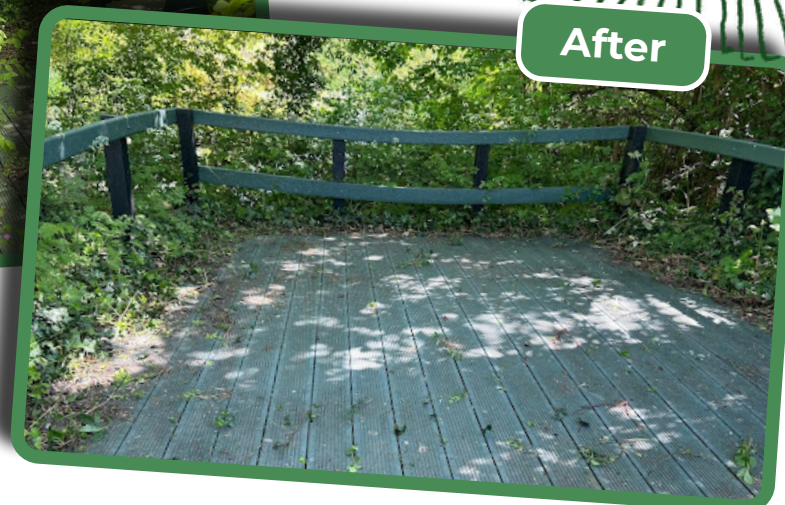
The learners also joined Bugler Developments for a community project, in collaboration with Sutton Borough Council and Sutton FX, at Beech Tree Gardens.

We would like to thank all our learners and everyone involved for their hard work in helping to clear the area.

The before and after pictures above show the great job the Horticulture team did in clearing the viewing platform at The Sutton Inclusion Centre. When this work is complete, there will be a **lovely shaded view of the lake**.



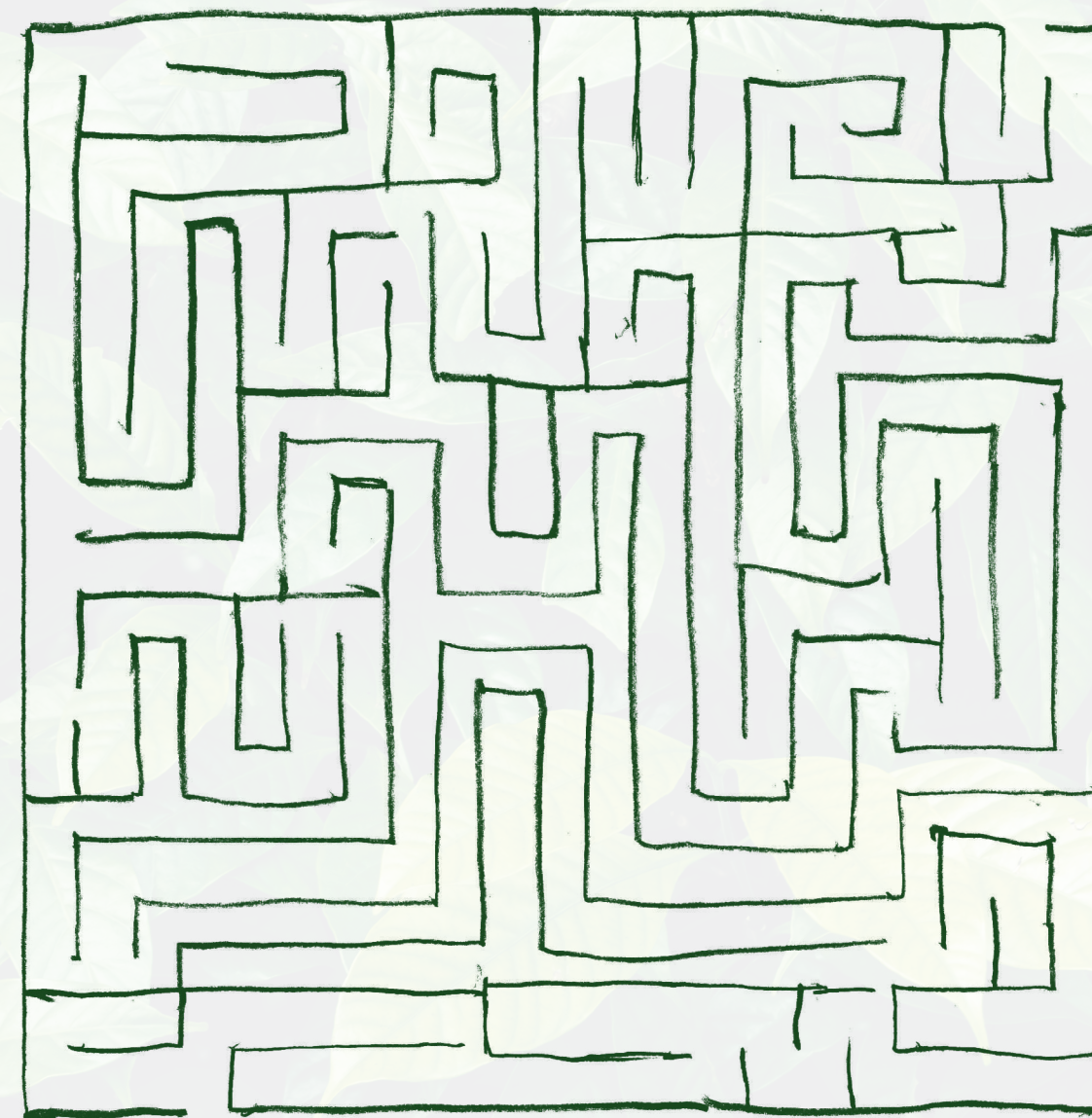
Before



After



Our garden is aMAZEing!



Edward Adade has drawn this maze.

See if you can find a way through to help the Horticulture team clear up this big pile of leaves.

Meeting the police



Don't worry, we're not in trouble!

Jump Into Sutton dropped into the local police station in Sutton with some questions about the important work the police do in the local area.

What is the best way to contact the police in Sutton?

If it is an emergency you phone 999. You can also contact the local police through their website.

What is the most common crime in Sutton?

In January 2025, shoplifting was reported to be the most common crime followed by anti-social behaviour.



How can we help the police if we witness a crime?

If you witness something bad, you don't have to tell the police, but it could be really helpful if you do.

How does the police support people with special needs in the community?

The police work with charities such as Mencap to help support people in the community.

How do I become a police officer?

Police Constable Entry Programme, or Police Constable Degree Apprenticeship you need two A-Levels or a Level 3 qualification.



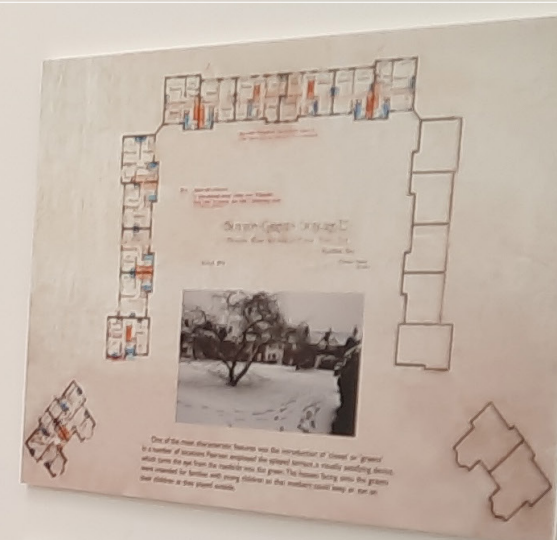
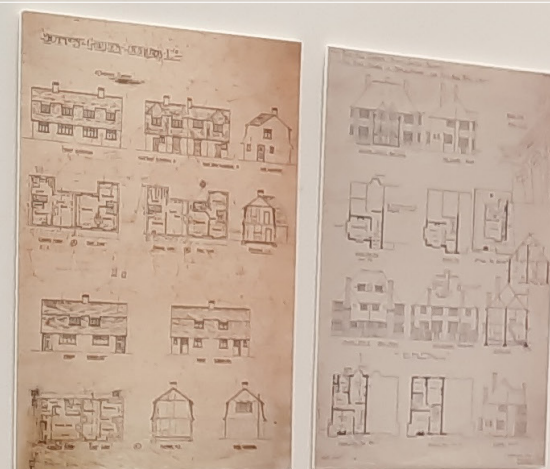
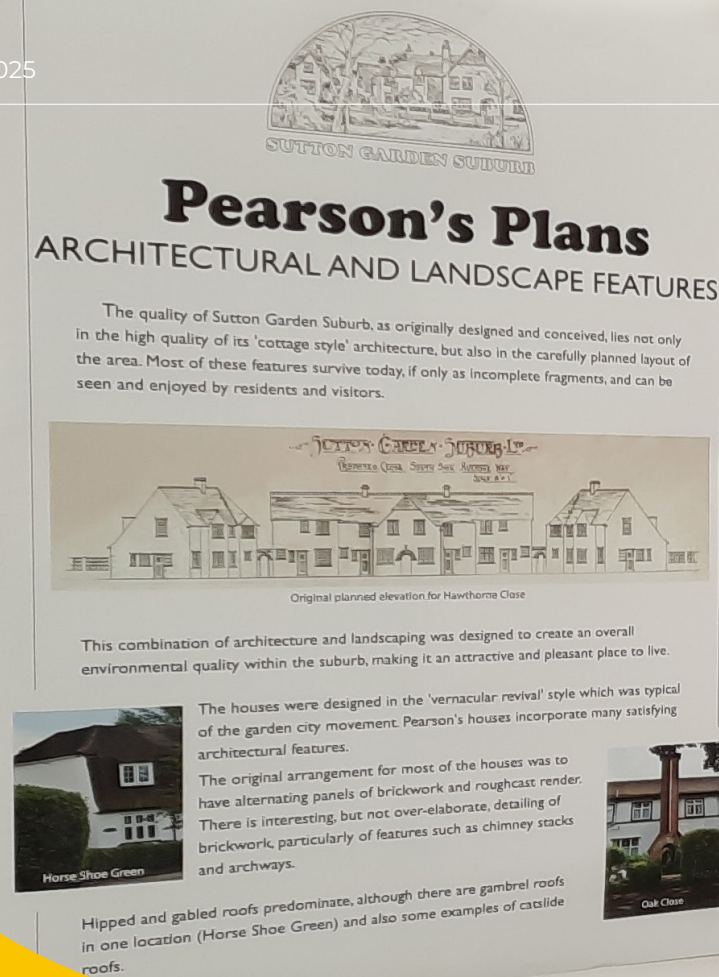
Can you drive at any speed in a police car?

The Road Traffic Regulations Act 1984 and The Traffic Signs Regulations and General Directions 2002 state that police cars and other emergency vehicles don't have to follow speed limits to do their job.

How has the police force changed over the last decade?

Police now deal with more non-criminal incidents such as anti-social behaviour, as well as more crime that occurs online (cyber-crime).





“ I believe the archive service is very important because it allows people to learn about their community's history. By understanding how people lived here in the past, we can gain insights that help us today and in the future.”

What is an *archive*?

Dilantha Wijemanne investigates Sutton's archive services and why they are important for the community.

An archive is a collection of historical documents or records providing information about a place, institution or group of people.

Most of the archive is kept at Sutton Library where it can be viewed by arranging an appointment with staff. Parts of the archive can also be viewed if they form part of temporary exhibitions.

Here is me at one of the recent exhibitions at the library called the 'Sutton Garden Suburb'. The exhibition used archive materials to show how green spaces impact town planning over the past century.

Other places nearby such The Whitehall Historic House Museum in Cheam and The Honeywood Museum and Little Holland House both in Carshalton also display archive material.

Digital technology plays an important role in the archive service, allowing many more people to access information than ever before.

Many people enjoy researching their family history or learning about the local area. Thanks to this technology, library members can now search the digital archive to support their research.

The digital archive service also provides access to the British Newspaper Archive, where you can search through forty million newspaper pages stored by the British Library. You can find information about the archive service on the library website:

libraries.sutton.gov.uk

If you would like to book an appointment to view the archive, please contact the library by using the email address below.

local.studies@sutton.gov.uk



The Film *Review*

My name is Hayley White, and this summer I recommend you watch the film Dirty Dancing.

The film is a romantic dance drama that was originally released in 1987 and starred Jennifer Grey and Patrick Swayze.

It was a very successful film, which led to a television series in 1988, a prequel called Dirty Dancing: Havana Nights in 2004, as well as numerous reality television competitions and stage productions around the world.

Before Dirty Dancing, one of the most well-known dance films was Grease from 1978. Both films are similar in that they are set in the past—Grease takes place in 1958, while Dirty Dancing is set in 1963.

Both films also feature memorable soundtracks. In Grease, we all remember You're the One That I Want, whereas Dirty Dancing gave us the iconic song "(I've Had) The Time of My Life", performed by Bill Medley and Jennifer Warnes.

While both films tell coming-of-age stories, Dirty Dancing is not a comedy. It is actually based on the childhood experiences of Eleanor Bergstein, who wrote the screenplay. Bergstein recalled going on holiday as a child to the Catskills Mountains, a popular destination for well-off families from New York. While her parents played golf at the luxury resort, she spent all her time dancing.

In the film, the character Baby played by Grey falls in love with the dance instructor Johnny played by Swayze at a luxury holiday resort. The title of the film refers to the secret 'dirty dance' competitions staged by the resort staff.

The plot of the film takes a more serious turn when Baby discovers Johnny's dance partner Penny is pregnant. The father is Robbie, who is a waiter at the resort and abandons Penny to pursue another woman. Baby seeks to help Penny by borrowing money from her father under a false pretence.

In Penny's absence, Baby takes the place as Johnny's dance partner and their romantic attraction develops from this point. Baby's father then discovers her daughter's deception and assumes Johnny is the father and forbids their union.

By the end of the film, the true nature of the characters is revealed, and love conquers all with the famous climactic lift between Baby and Johnny in front of everyone at the resort's main dance competition. I really like this film because the characters feel authentic, and their chemistry is believable.

We are having the time of our lives!





Gilbert Okany puts questions to Dupri McKoy who starred in the musical production The Endz

What is the Endz about?

The Endz is a musical about two friends called Reece and Imani. Imani is from a supportive family but Reece has a difficult home and he gets involved in a gang. The story is about their friendship and how it goes wrong. Imani tries to help Reece but ends up getting attacked by the gang. The ending of the piece is about how difficult life can be for young black men and about breaking the cycle of violence. The piece was inspired by our own real life stories, and Malcolm Mide Madariola, who had been at our school and knew several of us, died in a knife incident a few years before. It really meant a lot to us to create a musical about this story.

How many people are in the production?

There were around 10 young people aged from 14 to 18 who were involved in writing the story and music. I was one of the solo singers, as well as Christina Onabanjo and Flame Rhoden. There were also rappers Moustapha Doumbia and Toni Olabanji. Then we had composer Kate Whitley, writer Abi Falase, songwriters Abimaro Gunnell and Fran Lobo, involved in creating the piece. In the final performances we had a choir of around 60 young people joining, and an orchestra of around 30 musicians.

What is the hardest part of doing a production like this?

I would say the hardest part is definitely the message. The message of the piece was really strong and impactful, and it meant a lot to a lot of the people who wrote The Endz. Writing something so impactful and seeing it progress was really emotional. Being so connected to the story itself, we really wanted to make sure that the message was shared clearly and in a way that was right for everyone. I personally find the piece so meaningful and emotional because it is connected to Malcolm, our friend who passed away. That is the hardest thing about the production.

"THE SYSTEM REJECTED US WHEN IT SHOULD HAVE PROTECTED US. THIS IS OUR STORY"

Where has the Endz been performed?

My class started the creative process of 'The Endz' back in 2019, and our school Harris Academy in Peckham. We performed it at our school Christmas concert, where Kate Whitley from Multi-Story Orchestra came and watched it. She then decided to partner up with our secondary school to help develop it into a whole musical. This led to us performing 'The Endz' multiple times at Bold Tendencies car park in Peckham, as well as then our biggest show at The Queen Elizabeth Hall at The Southbank Centre last year.

What have reactions been like?

Reactions have been overwhelmingly amazing. We have seen from the very beginning that everyone was very surprised that young people wrote the piece themselves, and they always reacted to that in a great way. As we progressed into performing it with the orchestra, more and more people saw the piece. They would come

up after performances to congratulate us, to say how phenomenal the piece was and how clear the message was. Then performing at the Southbank Centre and winning a Royal Philharmonic Society Award for our piece really showed that our hard work had paid off. It shows how much everyone enjoyed the piece, understood the meaning of it, and understood how important it was. The reactions have been amazing.

What is next for The Endz?

The Endz is now being performed in Salzburg in Austria this spring! I went there in January to watch their rehearsals, and give some advice to the singer Jessie who is performing my part there. They translated The Endz into German, and are working with young people from 5 schools in Salzburg who are coming to perform the piece with the orchestra at Salzburg State Theatre. I am going there again in June to perform with them. We also have a performance in Gloucester in July, and will record the songs from The Endz. I hope there will be more chances to share our piece further in the future.



Jump Into Sutton thanks Dupri McKoy (on the mic, above) for the interview and Ambra Vernuccio for the use of the photos and Kate Whitley of the Multi-Story Orchestra

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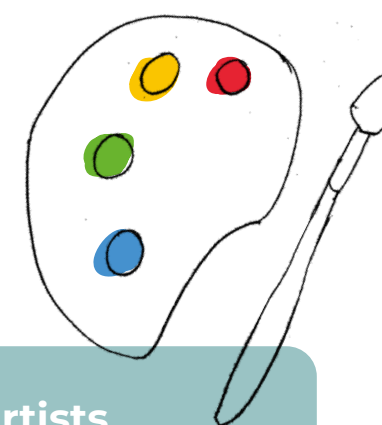
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What's on and where to go

Our picks of local events and places to visit over the summer season with drawings by Edward Adade.



Whitehall Historic House

Open **Thursdays/Fridays 10:00-16:00 and Saturdays 12:00 - 16:00**. 1 Malden Road, Cheam. Free entry. Visit this historic house in Cheam Village, enjoy the lovely garden with coffee and cake served by our friends at Nickel Support.

Contact: www.whitehallmuseum.wordpress.com

Carshalton Artists Open Studios

Over two weekends from **28th June to Sunday 6th July 11:00-17:00**. Over sixty artists are showing their work in over twenty locations.

To join the trail contact: www.carshaltonartists.com

Mitcham Carnival 2025

Sunday 22nd June, 10:30-16:30. The parade is back after 12 years and begins in Mitcham Town Centre and finishes at Three Kings Piece in Mitcham. A pack day of live music and entertainment only **30 min bus ride from Sutton**.

Contact: www.merton.gov.uk

Little Holland House Open Days

Sundays 1st June, 6th July, 3rd August and 7th September 11:00-17:00 (last entry 16:00). 40 Beeches Avenue, Carshalton. This historic house was built by Frank R. Dickinson who had no training in architecture, it is the DIY story.

Contact: www.friendsofhoneywood.co.uk



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dates to be confirmed

10am-1pm

9am-10am (SEND Quiet Time)

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CAREERS

TRAINING

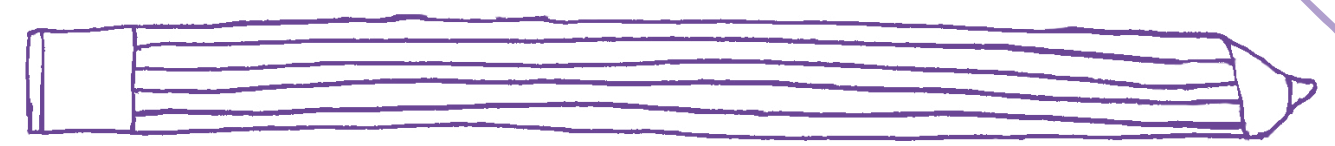
JOBS

The Careers Fair returns! Meet representatives
& employers in the care, health, education,
construction industries & more.

Save the date - more information coming soon!



WORD SEARCH



Jelly

Reflexology

Cartography

Dirty Dancing

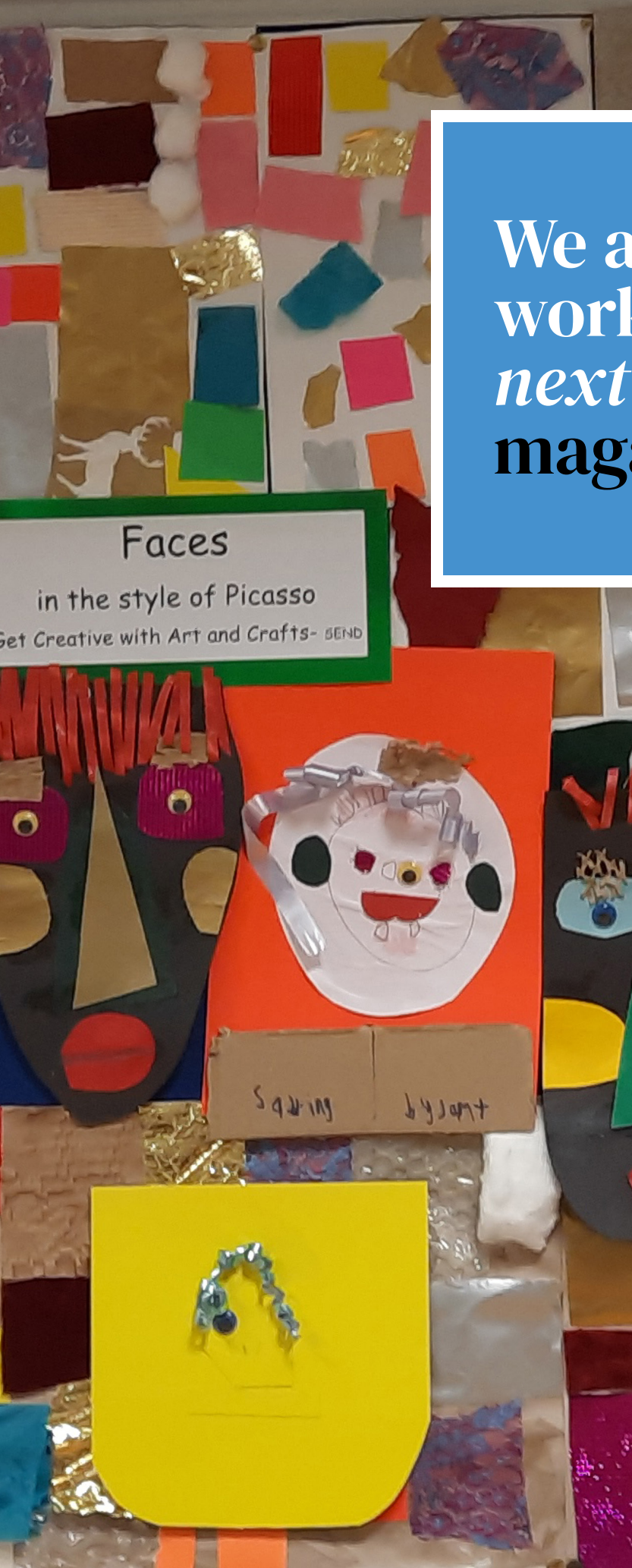
Police

Archive

Carnival

Horticulture

H	O	R	T	I	C	U	L	T	U	R	E	G
A	N	P	P	L	A	A	T	H	S	V	U	N
R	M	B	G	T	V	E	V	E	N	T	S	I
T	Y	H	C	I	E	R	U	E	K	K	V	C
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C	G	L	T	G	F	Y	B	I	G	I	P	D
F	C	W	R	K	L	G	D	K	I	N	B	Q
J	O	T	A	R	C	H	I	V	E	P	F	W
P	M	C	C	J	B	H	U	V	K	B	O	I



We are *already*
working on the
next issue of the
magazine.



We welcome new ideas to be included, please contact us through Sutton College:

jumpintosutton@suttoncollege.ac.uk

Thanks for reading
and see you next time!



SUPPORTED BY
MAYOR OF LONDON

This project is funded by the UK Government through the UK Shared Prosperity Fund.

The UK Shared Prosperity Fund aims to improve pride in place and increase life chances across the UK investing in communities and place, supporting local business, and people and skills.

For more information, visit <https://www.gov.uk/government/publications/uk-shared-prosperity-fund-prospectus>

Front and Back Covers

Thank you to the Get Creative class who made this wonderful display on faces in the style of Pablo Picasso.